Checklist How to raise your fees



Before you start...

Financial & Personal Wellness

For finances, can I pay my:

- Personal and professional bills (and on time)?
- □ Taxes?
- □ Staff at their market value?
- □ Retirement fund?

When you've committed...

🖻 Planning (8 weeks out)

- **Evaluate expenses:** Be honest about what you need to run your business effectively
- Set goals for growth: Where would you like to be in one year? Five?
- □ Conduct competitive research: Check on your local clinics and standard industry fees
- Craft a communication plan: Get your key messaging ready
- □ Prepare for questions: Lead with transparency
- Collaborate with staff: Communicate your plan clearly to your team to ensure a unified message

🖻 Communication (4-6 weeks out)

Ready to share the news? Great, here's a quick checklist to get started.

Draft a client list of who you'd like to contact: past, present, future

Decide on the how:

- Website banners
- Booking reminders or notifications
- □ Clinic voicemail messages

Printed signage in-office

For lifestyle, am I able to:

□ Take time for self-care?

□ Make time to refresh and recharge?

Explore my hobbies and interests?

Prioritize my family and friends?

- Newsletters or emails
- Social media